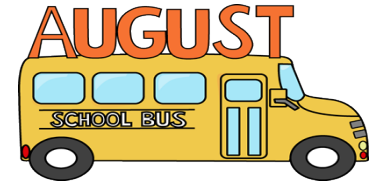




OZARK MOUNTAIN

SCHOOL DISTRICT



Meal Prices:

Breakfast:

Student Meal	\$0.00
Adult Meal	\$2.70

Lunch:

Student Meal	\$0.00
Adult Meal	\$4.75

Individual Item Prices

Main Dish	\$2.00
Fries or Tots	\$1.75
Fruit or Vegetable	\$1.00



Bread	\$0.75
Dessert	\$1.00
Milk or Juice	\$0.50

Menus are subject to change

Fruit Bowl is offered at breakfast and lunch with choice of: Apple- Banana - Orange - Pear

3 components offered each day at breakfast:

- Fruit - Must Take
- Grains - Must Take
- Milk - Optional

5 components offered each day at Lunch:

Grades	Grades	Meal Components
K-8	9-12	Items
1/2 cup	1 cup	Fruit
3/4 cup	1 cup	Vegetables
1 oz	2 oz	Grains (oz eq.)
1 oz	2 oz	Meat/Meat Alternate
1 cup	1 cup	Milk

Students must take 3 of the 5 components

Vegetables

Grain

Meat/Meat Alternate

Subgroups quantities are required each week.

K-8	9-12	Vegetable Subgroup
1/2 cup	1/2 cup	Dark Green
3/4 cup	1 1/4 cup	Red/Orange
1/2 cup	1/2 cup	Beans, Peas
1/2 cup	1/2 cup	Starchy

Tuesday	Wednesday	Thursday	Friday
3/3/26	3/4/26	3/5/26	3/6/26
Biscuits & Gravy Asst. Fruit Asst. Milk	Breakfast Pizza Asst. Fruit Asst. Milk	Tornado Asst. Fruit Asst. Milk	Biscuits, Sausage & Egg Patty Asst. Fruit Asst. Milk
Beef & Bean Burrito Pinto Beans Lettuce/Salsa Fruit	Swedish Meatballs Mashed Potatos Roll Fruit	Popcorn Chicken Macaroni/Cheese Green Beans Fruit	Fish Sandwich Lettuce/Tomato French Fries Fruit
Milk	Milk	Milk	Milk
3/10/26	3/11/26	3/12/26	3/13/26
Biscuits & Gravy Asst. Fruit Asst. Milk	French Toast Sticks Asst. Fruit Asst. Milk	Pancake on a stick Asst. Fruit Asst. Milk	Croissant w/Egg, Sausage & Cheese Asst. Fruit Asst. Milk
BBQ Pulled Pork Nachos Baked Beans Corn Fruit	Chicken Sandwich Tater Tots Lettuce/Tomato Fruit	Chili Crackers Cheese Cinnamon Roll/Fruit	Cheese Pizza Seasoned Corn Tossed Salad Fruit
Milk	Milk	Milk	Milk
3/17/26	8/27/25	8/28/25	8/29/25
Biscuits & Gravy Asst. Fruit Asst. Milk	Dutch Waffle w/Syrup Asst. Fruit Asst. Milk	Scrambled Eggs, Bacon & Toast Asst. Fruit Asst. Milk	Sausage Biscuit Asst. Fruit Asst. Milk
Beef Nachos Seasoned Pinto Beans Carrots/Fruit Tossed Salad	Chicken Strips Fries Carrots Roll	Chili Pie w/Fritos Seasoned Corn Carrots Tossed Salad	Hamburger Tater Tots Pickles
Milk	Alternate - Hamburger W/Pickles	Alternate - Pizza	Alternate - Chef Salad

Daily Breakfast alternates: Cereal, Muffin, Cereal Bar with choice of Cheese or Yogurt

This institution is an equal opportunity provider